St. Johnsbury Academy Adult Education Course Descriptions Fall 2021



More courses are being added!

Check our website frequently for details about new offerings. www.stjacademy.org/adult-education

Online classes start June 16, July 14, August 18, September 15, October 13, November 17, and December 15.

Over 300 online courses to choose from, starting at \$115. Six-week courses can be completed on your schedule from home. View our entire catalogue at www.ed2go.com/stjacademy

Perfect Pies & Thanksgiving Desserts: November 23 T 5-8 p.m. (3 hrs); \$65

Present your family with a variety of delicious desserts this Thanksgiving. Participants will master flaky crusts and tasty fillings in this one-night workshop. Each student will bake and take home a pecan pie, apple pie, maple cream pie, blueberry galettes, and pumpkin bread pudding. Class is limited to 12 students! Sign up today! This workshop is facilitated by Certified Executive Pastry Chef Paula Bystrzycki.

The Truth About Credit: Understand Credit and Credit Reports: October 27, November 3 W 6-8PM FREE!!!

Would you like to have a better understanding of your credit score? What it influences and how it is determined? The class will include understanding what makes up a credit score. How to read a credit report. Different kinds of reports: Credit Carma, Experian Boost etc. How to Report Inaccuracies. Ways to improve credit – realistically. Tips for managing finances (wants vs needs). How to create emergency savings. The workshop is facilitated by Rural Edge's Homeownership Center Director. St. Johnsbury Academy Adult Ed is partnering with Rural Edge to bring you this important finance class for free!

Introduction to French Conversation: September 29 – November 3rd, W 5:30-7 p.m. (9 hrs); \$150 Get ready for your next trip to Quebec! Designed for the beginner, this class will cover useful French for meeting someone new, ordering food, talking about the weather, time and dates, and more. Instructor Normandie Lee brings over 37 years' experience teaching French.

Voiceover GPS Program: Online; open enrollment; 10 wks; \$2000

Prepare for your exciting new career in the voiceover industry! Students will understand and master performance techniques, technical skills, hardware and software used in the field, and procedures and practices associated with marketing and running a successful creative media business. Program completers leave with a website and professional demo ready to share with prospective clients. This program is led by Mike Hathcote, a Telly Award-winning voiceover talent with over 25 years' experience with some of the world's most trusted brand names.

OSHA-10 Construction: Online; open enrollment; \$79 includes OSHA card

- Students will learn safe work practices and earn their OSHA-10 Construction industry cards. Fully online, asynchronous format allows students to log in any time of the day or night. This course is perfect for anyone returning to a construction job site for the summer season.
- Commercial Driver License (CDL): Oct 4 Nov 12, M/T/W/TH/F 8:30 a.m.-4:30 p.m.; \$5200 Earn your CDL class A and start your new career. This course includes classroom and road training, permit testing, road testing, DOT physical, and drug testing. Students must be over 18 years old with a valid Vermont driver license and the ability to pass a DOT physical. Significant tuition reductions are available for qualifying students. First two weeks of classroom instruction may be delivered via Zoom online for Covid safety. Call prior to registration if your license has been suspended in the last three years or for tuition assistance.
- **ServSafe**®: October 4, 5 and 6th, M/T/W 5-8:15 p.m. (9 hrs); \$125 includes exam Earn the nationally-recognized ServSafe® Food Protection Manager Certification. Students will learn the importance of food safety and how to prevent the spread of pathogens in the flow of food from purchasing and receiving through serving and storing.
- **Our Leadership Series Is Back!** Dr. Martha Dubuque is returning this fall with her nine-session series on Leadership in the workplace. The series is set up so that you can take all nine or simply take those most relevant to your own growth. Class is limited to 12 students! Sign up today! Courses are \$75 each.
- **Moving From Colleague to Supervisor** Tuesday, September 7 from 8:15 AM 12:00 for employees new to a management role or seeking to move into a supervisory position
- **Transforming Your Team** Wednesday, September 8 from 8:15 AM 12:00. Examine phases of group development. Gain strategies for increasing collaboration.
- **Managing Conflict Part 1** Wednesday, October 6 8:15 AM 12:00 Gain a new perspective on conflict. Study stages of breakdown and hidden causes. Gain communication skills for managing conflict.
- **Managing Conflict Part II** Tuesday, October 26 8:15 AM 12:00 Examine steps for effective communication. Gain strategies for coping with anger. Study process for creative problem solving.
- A Positive Approach to Accountability Wednesday, October 27 8:15 AM 12:00 Study how creating a climate of respect combined with reinforcing expectations can build an accountability system.
- Effective Employee Evaluations-Turning Annual Reviews Into A Year-Long Process for Growth Tuesday, November 23 8:15 AM 12:00 Learn how to turn evaluation into a cycle for continuous improvement in your organization, promoting employee ownership and growth.
- Effective Employee Evaluations-Giving Difficult Feedback Tuesday, November 30 8:15 AM 12:00 Learn how to give feedback to promote employee's continuous growth and gain tips for tough conversations.
- **Building Trust In The Workplace** Wednesday, December 1 8:15 AM 12:00 Study how basic needs people have impact leadership. Identify management practices that promote a positive climate.
- **Promoting Motivation Through Engagement** Tuesday, December 21 8:15 AM 12:00 Explore how human needs affect motivation. Gain a variety of strategies for improving engagement. Study ways employers can support employees

Please note on-campus courses will require following any active campus wide Covid restrictions

Have questions? Wish to register for courses? Contact:

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Register online at: www.stjacademy.org/adult-education/adult-education-registration-form

St. Johnsbury Academy admits students of any sex, race, color, religion, national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of sex, race, color, religion, handicap, sexual orientation, national or ethnic origin in the administration of its education policies, admission policies, scholarship programs, or other school administered programs.